

# Breakfast muffins

## Ingredients

- 100g Self raising flour
- 25g porridge oats
- 50g caster sugar
- 1 egg
- 90ml milk
- 40ml vegetable oil
- 1 banana
- 30g raisins/sultanas



1. Set the oven.  
Place muffin cases in the tin.



2. In a large bowl, mix the **sugar** and **oats**



3. Sieve in the **flour** and mix together



4. In a small bowl mash the **banana** with a fork



5. In a jug, mix the **oil** and **milk**



6. Add the **egg** to the jug and whisk with your fork



7. Add the contents of the jug to the large bowl



8. Add the **banana** to the bowl and mix



9. Add the mixture to your cases and bake for **20 minutes** or until golden and bouncy