

Week one

W/C:- 3/9, 24/9, 15/10, 5/11, 26/11, 17/12
7/1, 28/1, 18/2, 11/3, 1/4

Pork Sausages & Mash
Pork sausages and mashed potato with optional gravy

Baby Carrots

For Dessert...

Chocolate Brownie

Vegetarian Sausages & Mash

Oven baked Linda McCartney sausages and mashed potato with optional gravy

Jacket Potato with Cheddar Cheese

Chicken & Leek Bake

Chicken pieces and leeks in a creamy white sauce served with potato wedges

Garden Peas

For Dessert...

Peach Crumble with Custard

Quorn Burger in a Bap

Quorn burger served in a bap with potato wedges

Jacket Potato with Baked Beans

Beef Chilli

Slow cooked Beef in a rich tomato sauce served with wholegrain rice

Sweetcorn

For Dessert...

Pineapple Cake

Cheese and Tomato Pasta

Pasta and tomatoes in a creamy cheese sauce

Jacket Potato with Tuna Mayo

Roast Chicken with Gravy

Roasted chicken served with a traditional gravy and roast potatoes

Country Vegetables

For Dessert...

Chocolate Cookie

Vegetarian Fillet with Gravy

Vegetarian fillet served with a traditional gravy and roast potatoes

Jacket Potato with Cheese Coleslaw

Fish Fingers & Chips

Oven baked white fish fingers in golden breadcrumbs with tomato ketchup and chips

Baked Beans

For Dessert...

Muller Yoghurt

Veggie Ball Marinara Sub

Veggie balls in a rich tomato sauce served in a sub with chips

Jacket Potato with Cheddar Cheese

Week two

W/C:- 10/9, 1/10, 22/10, 12/11, 3/12, 24/12,
14/1, 4/2, 25/2, 18/3

Beef Burger in a Bun
Beef burger served in a bun with potato wedges

Sweetcorn

For Dessert...

Fruity Flapjack

Herby Tomato Pasta

Pasta in a tomato and herb sauce

Jacket Potato with Spaghetti Hoops

Mild Chicken Curry

Chicken pieces in a mild and creamy curry sauce with wholegrain rice

Country Vegetables

For Dessert...

Dorset Apple Cake with custard

Cowboy Pie

Veggie sausages with mixed beans in a tomato sauce topped with mashed potato

Jacket Potato with Cheddar Cheese

Cheese & Tomato Pizza

Wholewheat pizza base covered in tomato sauce and cheese, served with baked beans

Cherry Tomatoes

For Dessert...

Pancakes with Fruit Compote

Vegetable Pasticcio

Roasted Mediterranean vegetables and pasta topped with creamy sauce

Jacket Potato with Baked Beans

Roast Gammon with Gravy

Roasted gammon served with a traditional gravy and mashed potato

Country Vegetables

For Dessert...

Oat Cookie

Roast Lentil Loaf

Roast lentil loaf served with a traditional gravy and mashed potato

Jacket Potato with Tuna Mayo

Fish & Chips

Oven baked battered white fish fillet served with chips

Garden Peas

For Dessert...

Muller Yoghurt

Quorn HotDog with Ketchup

Quorn hotdog in a bun with tomato ketchup served with chips

Jacket Potato with Cheddar Cheese

Week three

W/C:- 17/9, 8/10, 29/10, 19/11, 10/12,
31/12, 21/1, 11/2, 4/3, 25/3

Turkey Meatball Sub

Turkey meatballs in a rich tomato sauce served in a sub with potato wedges

Sweetcorn

BBQ Veggie Balls

Veggie balls in a sweet BBQ sauce served with wholegrain rice

For Dessert...

Marble Cake

Jacket Potato with Baked Beans

Chicken Pasta Carbonara

Chicken pieces in a creamy white sauce served with Pasta

Baby Carrots

Cauliflower & Potato Gratin

Cauliflower and potato in a white sauce topped with cheese

For Dessert...

Apple Crumble with Custard

Jacket Potato with Cheddar Cheese

Fish Pie

A mix of white fish and salmon in a creamy sauce topped with mashed potato

Garden Peas

For Dessert...

Clementine Cake Slice

Macaroni Cheese

Macaroni pasta in a cheese sauce

Jacket Potato with Tuna Mayo

Roast Beef with Gravy

Roasted silverside of beef served with a traditional gravy and roast potatoes

Country Vegetables

Vegetarian Fillet with Gravy

Vegetarian fillet served with a traditional gravy and roast potatoes

For Dessert...

Chocolate Brownie

Jacket Potato with Chicken & Sweetcorn Mayo

Fish Fingers & Chips

Oven baked white fish fingers in golden breadcrumbs served with tomato ketchup and chips

Sweetcorn

Vegetable Crumble

Vegetables in a rich tomato sauce topped with a crunchy topping served with chips

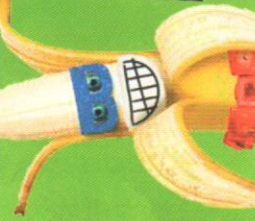
For Dessert...

Muller Yoghurt

Jacket Potato with Cheesy Beans



If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.



Keep yourself topped up with water – it will help you concentrate **all day long.**

If your school is an online ordering school visit our website to book your meals:

www.dorset.mealselector.co.uk



For more information please contact:

Email: BPDAAdmin@co.mpas-group.co.uk

Tel: 01202 691038

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F.A.Q's

What is your website address?
www.dorset.mealselector.co.uk

Please could you explain your cut off points?

To order meals on our website, the cut off point is always the Sunday (midnight) a full 7 days before the week starts.

Can we make changes to our orders?

As long as your child's school accepts amendments then we can make changes to your order up to 72 working hours before the meal is to be served. e.g. If you need to change a meal on Friday you would need to contact the office before Tuesday 12:00 midday to ensure we can make the change.

Do you provide packed lunches for school trips?

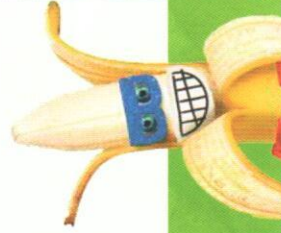
We can provide a packed lunch instead of the hot school lunch for an away day. To order this please contact the office on 01202 691038 or by email bpdadmin@compass-group.co.uk Away day packed lunches consist of: Cheese Roll, Cherry Tomatoes, Cookie, a Piece of Fresh Fruit and a Bottle of Water.

My Child has Special Dietary Requirements, are you able to cater for them?

If your child suffers from an allergy or intolerance to any of the 14 listed EU allergens we are able to provide a nutritionally approved menu for them. Please contact us on 01202 691038 or by email bpdadmin@compass-group.co.uk to discuss your child's needs.

Is the food you produce sustainably sourced?

We try wherever possible to use British Suppliers / Locally sourced food. All of our Fish is MSC sustainably sourced. All of the meat products in the main menu options are British sourced.



Did You Know...?

If your Child is in KS1 they are Entitled to a Free School Meal

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!

Children in Year 3 and above may also be entitled to receive Free School Meals if parents are in receipt of financial support. You can find out more on the website: www.dorsetforyou.com/free-school-meals



There are 3 Meal Options Available Daily

There is a choice of 3 tasty options to choose from every day, the main option, a vegetarian option or the alternative option. You can pick and choose which days you have which option so it doesn't have to be one type all term and your child can always have their favourite! You can also change the booked meal option by accessing your online account and changing the option. If the week has been 'locked', contact us on 01202 691038 (72 hour notice)

You Can Book a Whole Term's Meals in Advance

You can book your meals in advance so you don't have to remember to order weekly!

This can be done weekly, bi-weekly, monthly or for the whole term in one go. Remember, you can always go back in and change your options.

For more information please contact:

Email: BPDAAdmin@compass-group.co.uk

Tel: 01202 691 038



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