



Kit List Northern France

What to bring

Your clothes are likely to suffer wear and tear and also get dirty and wet, therefore you should bring several changes of old clothes for doing activities. Jeans are not suitable for activities as they get heavy and cold when wet and don't dry out quickly. Please ensure that all items are named.

Clothing

- Suitable nightwear
- Underwear
- Long and short-sleeved T-shirts
- 1 pair trainers / shoes suitable for walking
- ~~Swimming costume / trunks if planning to swim~~
- Shorts (summer groups)
- Sun hat / Baseball cap (summer groups)
- Hat and gloves (winter groups)
- Waterproof jacket / cagoule *or plastic poncho*
- 1 or 2 sets of clothes for evenings

For activities

- 1 pair old trainers (may get very wet / muddy)
- Old clothes – long sleeved T-shirts, leggings, sports clothing *one set only*
- Fleeces / sweatshirts
- Waterproof jacket (and trousers if you have them)

Other essentials

- Washbag (incl. soap)
- Towel for showering
- ~~Old towel for wet activities~~
- Sun cream (min. SPF 30), insect repellent & bite cream
- Watch / alarm clock
- Labelled plastic bags for wet/dirty/spare clothes
- Small rucksack for days out
- Drinks bottle
- Pen and pencil
- Torch

You will also need

- A passport (unless your Party Leader is organising a collective passport)
- European Health Insurance Card (EHIC) (This is available free of charge. Apply online or pick up a form from the post office.)
- Food and drink for your journey
- Pocket money *(in envelopes - up to €50)*
- Any personal medication *Fill in green form*

Bin liner for dirty washing

Lost property

Please label everything your child brings. Children are responsible for their own belongings – it may be useful to provide a list of items packed. Lost property is hard to track down after a visit and there is a charge for returning items.

