

Week one

W/C - 22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 16 Sep, 7th Oct

Monday

Creamy Chicken & Sweetcorn
Chicken & sweetcorn in a creamy sauce served with wholegrain rice
Vegetable Curry
Mild vegetable curry with wholegrain rice
Jacket Potatoes with Grated Cheddar Cheese

Vegetables
Garden peas
For dessert
Toffee sponge

Tuesday

Savoury Mince Beef & Mash
Savoury mince beef served with mashed potato
Vegetarian Bolognaise Pasta
Vegetable mince in a rich tomato bolognaisse sauce, served with pasta
Jacket Potatoes with Tuna Mayonnaise

Vegetables
Baby carrots
For dessert
Pear & ginger cake with custard

Wednesday

Beef Burger in a Bun
Beef burger served in a bun with diced potatoes
Vegetable Rice
Savoury vegetable rice
Jacket Potatoes with Baked Beans

Vegetables
Country vegetables
For dessert
Chocolate brownie

Thursday

Roast Gammon with Gravy
Roasted gammon served with a traditional gravy and mashed potato
Vegetarian Roast Loaf
Roasted sweet potato & chick pea loaf served with gravy & mashed potato
Jacket Potatoes with Chicken Mayonnaise

Vegetables
Sweetcorn
For dessert
Oat cookie

Friday

Fish Fingers & Chips
Oven baked white fish fingers in golden breadcrumbs with tomato ketchup and chips
Quorn HotDog with Ketchup
Quorn hotdog in a bun with tomato ketchup served with chips
Jacket Potatoes with Grated Cheddar Cheese

Vegetables
Baked beans
For dessert
Muller yoghurt

Week two

W/C - 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sep, 23 Sep, 14th Oct

Monday

Chicken Fajita Tortilla Wrap
Chicken fajita with a tortilla wrap served with wholegrain rice
Italian Tomato Pasta
Italian tomato & veggie sauce served with pasta
Jacket Potatoes with Spaghetti Hoops

Vegetables
Sweetcorn
For dessert
Berry flagjack

Tuesday

Pork Sausages & Mash
Pork sausages served with mashed potato
Vegetarian Sausages & Mash
Quorn sausages served with mashed potato
Jacket Potatoes with Grated Cheddar Cheese

Vegetables
Baked beans
For dessert
Chocolate sponge cake with custard

Wednesday

Fisherman's Vegetable Pasta
A mix of white fish & salmon in a creamy white sauce served with pasta
Cheese & Tomato Pizza
Wholenheat pizza base covered in tomato sauce and cheese, served with diced potatoes
Jacket Potatoes with Baked Beans

Vegetables
Mixed leaf salad with cherry tomatoes & cucumber
For dessert
Pancakes with berries

Thursday

Roast Beef with Gravy
Roasted beef served with a traditional gravy and roast potatoes
Roast Lamb Loaf
Roast lamb loaf served with a traditional gravy and roast potatoes
Jacket Potatoes with Tuna Mayonnaise

Vegetables
Country vegetables
For dessert
Chocolate cookie

Friday

Fish & Chips
Oven baked battered white fish fillet with tomato ketchup and chips
Cheese & Tomato Quiche
Cheese and tomato quiche served with chips
Jacket Potatoes with Coleslaw

Vegetables
Garden peas
For dessert
Muller yoghurt

Week three

W/C - 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sep, 30 Sep, 21st Oct

Monday

Chicken Tikka Masala
Mild chicken tikka masala served with wholegrain rice
Macaroni Cheese
Macaroni pasta in a cheese sauce
Jacket Potatoes with Grated Cheddar Cheese

Vegetables
Baby carrots
For dessert
Marble cake

Tuesday

Italian Beef Bolognaise Pasta
Slow cooked beef mince in a rich bolognaisse sauce served with pasta
Roasted Bean & Vegetable Bake
Roasted vegetables and beans in a tomato sauce with wholegrain rice
Jacket Potatoes with Baked Beans

Vegetables
Garden peas
For dessert
Eves pudding with custard

Wednesday

Ham & Cheese Quiche with Mixed Salad
Smoked ham & cheese quiche with diced potatoes
Vegetarian Mexican Taco
Mexican vegetable soft taco served with wholegrain rice
Jacket Potatoes with Tuna Mayonnaise

Vegetables
Sweetcorn
For dessert
Berry flagjack

Thursday

Roast Lamb of Pork with Gravy
Roasted loin of pork served with a traditional gravy and new potatoes
Vegetarian Fillet with Gravy
Vegetarian quorn fillet served with a traditional gravy and new potatoes
Jacket Potatoes with Chicken & Sweetcorn Mayo

Vegetables
Country vegetables
For dessert
Chocolate brownie

Friday

Fish Fingers & Chips
Oven baked white fish fingers in golden breadcrumbs with tomato ketchup and chips
Quorn Burger
Quorn burger in a bun served with a mixed leaf salad with optional BBQ sauce
Jacket Potatoes with Cheesy Beans

Vegetables
Garden peas
For dessert
Muller yoghurt

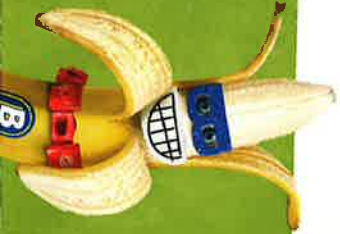
If your school is an online ordering school visit our website to book your meals:

www.dorset.mealsselector.co.uk

Keep yourself topped up with water - it will help you concentrate all day long.



If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.



For more information please contact:
Email: BPDAAdmin@compass-group.co.uk
Tel: 01202 691 038

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F.A.Qs

What is your website address?

www.dorsetmealsselector.co.uk

Please could you explain your cut off points?

To order meals on our website, the cut off point is always the Sunday (midnight) a full 7 days before the week starts.

Can we make changes to our orders?

As long as your child's school accepts amendments then we can make changes to your order up to 72 working hours before the meal is to be served. e.g. if you need to change a meal on Friday you would need to contact the office before Tuesday 12:00 midday to ensure we can make the change.

Do you provide packed lunches for school trips?

We can provide a packed lunch instead of the hot school lunch for a school away day trip. We can automatically transfer hot lunches to packed lunches when we have been notified by your child's school. If you pay for school meals you can cancel your hot meal if you choose to provide a packed lunch for your child, otherwise we will automatically transfer the booked hot lunch to an away day packed lunch. Please contact us on 01202 691038 or email us at BPDadmin@compass-group.co.uk for enquiries.

Away day packed lunches consist of a cheese roll, cherry tomatoes, dessert of the day, a piece of fruit and bottled water.

My child has special dietary requirements, are you able to cater for them?

If your child suffers from an allergy or intolerance to any of the 14 listed EU allergens we are able to provide a nutritionally approved menu for them. Please contact us on 01202 691038 or by email bpdadmin@compass-group.co.uk to discuss your child's needs.

Is the food you produce sustainably sourced?

We try wherever possible to use British suppliers / locally sourced food. All of our fish is MSC sustainably sourced. All of the meat products in the main menu options are British sourced.

Did You Know...?

If your Child is in KS1 they are Entitled to a Free School Meal

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!

Children in Year 3 and above may also be entitled to receive Free School Meals if parents are in receipt of financial support. You can find out more on the website: www.dorsetforyou.com/free-school-meals



There are 3 Meal Options Available Daily

There is a choice of 3 tasty options to choose from every day, the main option, a vegetarian option or the alternative option. You can pick and choose which days you have which option so it doesn't have to be one type all term and your child can always have their favourite! You can also change the booked meal option by accessing your online account and changing the option. If the week has been 'locked', contact us on 01202 691038 (72 hour notice)

You Can Book a Whole Term's Meals in Advance

You can book your meals in advance so you don't have to remember to order weekly! This can be done weekly, bi-weekly, monthly or for the whole term in one go. Please try to select meal options with your child, they tend to enjoy the challenge of choosing their own meals! Remember, you can always go back in and change your options.

For more information please contact:

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