



Emmanuel CE Middle School

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19th November 2021

Dear Parents/Carers,

The statutory PSHE curriculum 2021

I am delighted to inform you that the WAT middle schools have now completed their planning on the new PSHE statutory curriculum. PSHE stands for **Personal Social and Health Education including Relationships and Sex education**.

At Emmanuel Middle School, we have been using the latest resources and have followed the recommended guidelines for many years and so we are confident that your children will continue to benefit from our exciting and informative lessons. The WAT curriculum planning follows through from Year R at the first schools to KS4 at the Upper schools and the PSHE Progression Map attached clearly shows the linked strands of curriculum.

From September 2021, all KS2 pupils now have an allocated Wellbeing (PSHE) lesson on their weekly timetable. These will be taught by the KS2 class tutors. KS3 pupils will be taught their weekly lesson by a specialist teacher.

In this academic year (2021/22), we will be covering some of the lesson objectives from previous years to ensure that the whole middle school curriculum will have been covered by the end of Year 8.

A recovery curriculum has been created to ensure that our pupils will all be taught the statutory aspects of the new Relationships and Sex Education (RSE) Curriculum, including lessons missed in previous years. In KS2, the work involves raising the pupils' awareness of the emotional and physical changes which take place with the onset of puberty and which carry on throughout adolescence. It then covers conception in Year 6. In Key Stage 3, the focus is on healthy relationships, the law, risk and consent. There will also be a lesson on Female Genital Mutilation which is statutory.

In these RSE lessons, we focus on the values and qualities of relationships, as well as ensuring that our pupils are given factual information about the human body. We believe that our RSE curriculum enables the school to give reassurance to our pupils about their body image, behaviour, feelings and healthy relationships. Most significantly, they are given knowledge and skills appropriate to their level of maturity and developmental needs.

Our PSHE curriculum links the Science, PE, Computing, Food Technology and Wellbeing curriculums; all departments have worked together to ensure that the planning covers all aspects of PSHE in the middle school years. As a Church of England school, we have also taken our guidance on the RSE lessons from the Diocese of Salisbury.



Alongside the RSE programme delivered at school it is essential that the children feel comfortable to discuss any concerns that they may have about this work with you at home and to gain any reassurance or further guidance that they may need. We realise that for many parents this can be a difficult and sometimes worrying part of your child's education. We would therefore like to offer an information workshop for parents on Monday 10th January 2022 at 5pm-6pm. If you would like to attend this workshop please inform the school office by email on office@emmanuelmiddle.org or telephone 01202 828100.

Yours faithfully,

Mrs E Robertson
Head of Wellbeing